

Michael A. Friedman, Ph.D.

Curriculum Vitae

Office Address: 280 Madison Avenue Suite 810
New York, NY 10016

Office Phone: (917) 655-2416

E-mail: DrMikePsychology@gmail.com

Education

<u>Degree</u>	<u>Date</u>	<u>Institution</u>	<u>Advisor</u>
Ph.D.	1998	Yale University Psychology	Kelly D. Brownell, Ph.D.
M.S.	1994	Yale University Psychology	Kelly D. Brownell, Ph.D.
B.A.	1992	University of Pennsylvania Honors Major in Psychology	Martin E.P. Seligman, Ph.D.

Work Experience

<u>Position</u>	<u>Date</u>	<u>Institution</u>
Clinical Psychologist and Owner	2005-present	Michael Friedman Ph.D., LLC.
Medical Advisory Board, Executive Health Exams (EHE International)	2008-present	EHE International
Director, Rutgers Center for Obesity Research and Intervention, Institute for Health, Health Care Policy, and Aging Research	2004-2007	Rutgers University
Assistant Professor of Psychology	2000-2007	Rutgers University
Associate, Institute for Health, Health Care Policy, and Aging Research	2000-2007	Rutgers University
Assistant Professor (Research) of Psychiatry and Human Behavior	1999-2000	Brown University
Post-doctoral Fellow	1998-1999	Brown University

Research Experience

Peer-Reviewed Publications

Battle, Cynthia L., Uebelacker, L., Friedman, Michael A., Cardemil, Esteban V., Beevers, Christopher G., & Miller, Ivan W. (2010). Treatment goals of depressed outpatients: a qualitative investigation of goals identified by participants in a depression treatment trial. *Journal of Psychiatric Practice*, 16, 425-430.

Broccoli, T.L., Sanchez, D.T., Friedman, M.A., & Osinubi, O. (2009) Enhanced Life Functioning: Initial efficacy of a theoretical approach to integrate multiple health behavior interventions in young adults. *Preventive Medicine*, 48, 532-536.

Carr, Deborah, Jaffe, Karen J., & Friedman, Michael A. (2008). Perceived interpersonal mistreatment among obese Americans: Obesity, Do race, class, and gender matter? 16, S60-S68.

Detweiler-Bedell, J., Friedman, M.A., Leventhal, H.E., Leventhal, E., & Miller, I.W. (2008). Integrating co-morbid depression and chronic physical disease management: Identifying and resolving failures in self regulation. *Clinical Psychology Review*.????

Uebelacker, Lisa A., Battle, C.L., Friedman, M.A., Cardemil, E.V., Beevers, C.G., & Miller, I.W. (2008). The importance of interpersonal treatment goals for depressed inpatients. *The Journal of Nervous and Mental Disease*, 196, 217-222.

Markowitz, S., Friedman, M.A., & Arent, S. (2008). Understanding the relation between obesity and depression: Causal mechanisms and implications for treatment. *Clinical Psychology: Science and Practice*, 15, 1-20.

Carr, D., Friedman, M.A., & Jaffe, K. (2007). Understanding the relation between obesity and positive and negative affect: The role of psychosocial mechanisms. *Body Image*, 4, 165-177.

Carr, D., & Friedman, M.A. (2006). Body weight and the quality of interpersonal relationships. *Social Psychology Quarterly*, 69, 127-149.

Barsky, J.L., Friedman, M.A., & Rosen, R.C. (2006). Sexual Dysfunction and Chronic Illness: The Role of Flexibility in Coping. *Journal of Sex and Marital Therapy*, 32, 135-153.

Rosen, R.C., Friedman, M.A., & Kostis, J. (2005). Lifestyle management in erectile dysfunction: The role of concomitant risk factors. *American Journal of Cardiology*, 96, 76M-79M.

Carr, D. & Friedman, M.A. (2005). Is obesity stigmatizing? Body weight, perceived discrimination, and psychological well-being in the United States. *Journal of Health and Social Behavior*, 46, 244-259.

Friedman, M.A., Cardemil, E.V., Uebelacker, L.A., Beevers, C.G., Gollan, J.K., & Miller, I.W. (in press). The GIFT program for major depression: A clinical replication series. *Journal of Psychotherapy Integration*.

Gordon, K.C., Friedman, M.A., & Miller, I.W. (2005). Marital attributions as moderators of the discord-depression link. *Journal of Social and Clinical Psychology, 24*, 876-893.

Cahn, S.C., Langenbucher, J., Friedman, M.A., Reavey, P., Pallay, R.M., & Falco, T. (2005). Predictors of interest in non-pharmacological treatment for insomnia among older primary care patients with disturbed sleep. *Behavioral Sleep Medicine, 3*, 87-98.

Friedman, M.A., & Whisman, M.A. (2004). Implicit social cognition and treatment of major depression. *Cognitive and Behavioral Practice, 11*, 168-177.

Leventhal, H.E., & Friedman, M.A. (2004). Does Establishing Fidelity of Treatment Help Us to Understand Treatment Efficacy? *Health Psychology, 23*, 452-456.

Friedman, M.A., Miller, I.W., Detweiler-Bedell, J., Leventhal, H.E., Horne, R., & Keitner, G.I. (2004). Combined psychotherapy and pharmacotherapy for the treatment of major depressive disorder. *Clinical Psychology: Science and Practice, 11*, 47-68.

Friedman, M.A., Cardemil, E.V., Gollan, J., Uebelacker, L., & Miller, I.W. (2003). The GIFT program for major depression. *Cognitive and Behavioral Practice, 10*, 157-168.

Hayaki, J., Friedman, M.A., Whisman, M.A., Delinsky, S.S., & Brownell, K.D. (2003). Sociotropy and bulimic symptoms. *International Journal of Eating Disorders, 34*, 172-176.

Hayaki, J., Friedman, M.A., & Brownell, K.D. (2002). Shame and severity of bulimic symptoms. *Eating Behaviors, 3*, 73-83.

Hayaki, J., Friedman, M.A., & Brownell, K.D. (2002). Emotional expression and body dissatisfaction. *International Journal of Eating Disorders, 31*, 57-62.

Wilfley, D.E., Friedman, M.A., Douchis, J.Z., Stein, R.I., Welch, R.R., & Ball, S.A. (2000). Co-morbid psychopathology in binge eating disorder: Relation to eating disorder severity at baseline and following treatment. *Journal of Consulting and Clinical Psychology, 68*, 641-649.

Friedman, M.A., Dixon, A.E., Brownell, K.D., Whisman, M.A., & Wilfley, D.E. (1999). Marital status, marital satisfaction, and body image dissatisfaction. *International Journal of Eating Disorders, 26*, 81-85.

Friedman, M.A., Schwartz, M.B., & Brownell, K.D. (1998). Differential relation of psychological functioning with the history and experience of weight cycling. *Journal of Consulting and Clinical Psychology, 66*, 646-650.

Friedman, M.A., & Whisman, M.A. (1998). Sociotropy, autonomy, and bulimic symptoms. *International Journal of Eating Disorders, 23*, 439-442.

Whisman, M.A., & Friedman, M.A. (1998). Interpersonal problem behaviors associated with dysfunctional attitudes. *Cognitive Therapy and Research*, 22, 149-160.

Friedman, M.A., Wilfley, D.E., Welch, R.R., & Kuncze, J.T. (1997). Self-directed hostility and family functioning in normal weight bulimics and overweight binge eaters. *Addictive Behaviors*, 22, 367-375.

Friedman, M.A., & Brownell, K.D. (1995). Psychological correlates of obesity: Moving to the next research generation. *Psychological Bulletin*, 117, 3-20.

Friedman, M.A., Wilfley, D.E., Pike, K.M., Striegel-Moore, R.H., & Rodin, J. (1995). The relationship between weight and psychological functioning among adolescent girls. *Obesity Research*, 3, 57-62.

Book Chapters

Teachman, B. A., Woody, S. R., & Friedman, M. A. (2005). Focus of attention and causal attributions in social anxiety. In P. Gower (Ed.), *New Research on the Psychology of Fear*, (pp.25-41) New York: Nova Science Publishers.

Friedman, M.A. (2004). Kelly D. Brownell. In A.J. Christensen, R. Martin, & J.M. Smyth (Eds.). *Encyclopedia of Health Psychology*. Kluwer Academic/Plenum Publishers: New York.

Kehle, S.M., Benas, J.S., & Friedman, M.A. (2004). Obesity. In: C. Spielberger (Ed.), *Encyclopedia of Applied Psychology*. New York: Elsevier.

Gollan, J.K., Friedman, M.A., & Miller, I.W. (2002). Couple therapy for depression. In A. Gurman & Neil S. Jacobson (Eds.), *Clinical Handbook of Couple Therapy*. (pp. 653-676). New York, Guilford Press.

Friedman, M.A., & Brownell, K.D. (2002). Psychological consequences of obesity. In: K.D. Brownell, & C. Fairburn (Eds.) *Comprehensive Handbook of Eating and Weight Disorders*. (pp. 393-399). New York: The Guilford Press.

Friedman, M.A., & Brownell, K.D. (1998). Obesity. In H.S. Friedman (Ed.), *Encyclopedia of Mental Health* (pp. 1-13). San Diego: Academic Press.

Friedman, M.A., & Brownell, K.D. (1996). A comprehensive treatment manual for the management of obesity. In V. Van Hasselt, & M. Hersen (Eds.), *Sourcebook of Psychological Treatment Manuals for Adult Disorders* (pp. 375-422). New York: Plenum.

Grant Funding

Academic Excellence Fund Grant (Friedman) 2/1/04-1/30/05
Rutgers University \$160,000
Rutgers Center for Obesity Research and Intervention

R21 MH066106-01A1 (Friedman) 2/14/03-1/31/06

NIMH		\$471,779
Group Treatment for Depression in Heart Failure		
Health Disparities Research Award (E. Leventhal) 6/01/04-5/01/2005		
Cancer Institute of New Jersey		\$44,392
Cultural and Cognitive Influences on End-of-Life Planning among African-American and White Colorectal Cancer Patients.		
Young Investigator Award (Friedman)		7/1/99-6/30/02
NARSAD		\$60,000
Towards a Biopsychosocial Model of Relapse Among Individuals with Major Depression		
R21 MH59791	(Miller)	4/1/99-3/30/02
NIMH		\$99,423
Integrative Group Treatment for Depression		
F32 MH12127-01	(Friedman)	7/15/98-7/14/99
NIMH		\$27,300
Expressed Emotion, Social Support, and the Course of Major Depression		
Faculty Development Grant (Friedman)		9/1/99-6/30/99
Brown Medical School Department of Psychiatry and Human Behavior		\$15,000
A Biopsychosocial Model of Relapse in Major Depression		

Chaired Symposia

Friedman, M.A. (2004, November). *Understanding and Managing Depression Among Individuals with Chronic Physical Disease*. Symposium presented at the 38th Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans.

Friedman, M.A. (2003, November). *Mechanisms of Change in Cognitive and behavioral Treatments for major Depression*. Symposium presented at the 37th Annual Convention of the Association for Advancement of Behavior Therapy, Boston.

Friedman, M.A. (2002, November). *Predicting relapse in major depression*. Symposium presented at the 36th Annual Convention of the Association for Advancement of Behavior Therapy, Reno.

Friedman, M.A., & Miller, I.W. (2001, July). *Combining individual and family-based treatments for mood disorders*. Symposium presented at the World Congress on Behavior Therapy, Vancouver.

Friedman, M.A., Chair (2000, November). *Understanding validation: Theory, assessment, and relation to psychopathology*. Symposium presented at the 34th Annual Convention of the Association for Advancement of Behavior Therapy, Toronto.

Miller, I.W., & Friedman, M.A., Co-Chairs (2000, November). *New developments in long-term treatment and outcome of major depression*. Symposium presented at the 34th Annual Convention of the Association for Advancement of Behavior Therapy, Toronto.

Friedman, M.A., & Gollan, J.K., Co-Chairs (2000, June). *New approaches to the study of patient predictors of treatment outcome for major depression*. Symposium presented at the 31st annual meeting of the Society for Psychotherapy Research, Chicago, IL.

Miller, I.W., & Friedman, M.A., Co-Chairs (1999, November). *Developing cost-effective treatments for major depression: Bridging the efficacy-effectiveness gap*. Symposium presented at the 33rd Annual Convention of the Association for Advancement of Behavior Therapy, Toronto.

Friedman, M.A., & Miller, I.W., Co-Chairs (1999, June). *New developments in group psychotherapy research*. Symposium presented at the 30th annual meeting of the Society for Psychotherapy Research, Braga, Portugal.

Miller, I.W., & Friedman, M.A., Co-Chairs (1998, November). *Combined psychotherapy and pharmacotherapy for the treatment of major depression*. Symposium presented at the 32nd Annual Convention of the Association for Advancement of Behavior Therapy, Washington, D.C.

Invited Presentations

Friedman, M.A. (2014, December). *The Harmful Psychological Effects of the Washington Football Team Name*. United South and Eastern Tribes Annual Conference. Verona, NY.

Friedman, M.A. (2014, October). *A Day in a Healthy Life*. Price Waterhouse Cooper. San Francisco, CA.

Friedman, M.A. (2013, October). *Energy management in the workplace: Good and bad stress*. Price Waterhouse Cooper. New York, NY.

Friedman, M.A. (2013, October). *The harmful psychological effects of the Washington football mascot. Oneida Nation Symposium on the Washington football mascot*. Washington, D.C.

Friedman, M.A. (2013, August). *Attaining work-life balance*. Macquarrie Capital. New York, NY.

Friedman, M.A. (2012, May). *What is health?* Price Waterhouse Cooper. New York, NY.

Friedman, M.A. (2011, April). *Cognitive-behavioral techniques for improving health and well-being*. Price Waterhouse Cooper. New York, NY.

Friedman, M.A. (2009, November). *Smoking cessation*. Price Waterhouse Cooper. New York, NY.

Friedman, M.A. (2006, May). *Understanding and managing depression among individuals with chronic physical disease*. Department of Rheumatology, Hospital for Special Surgery. New York, NY

Friedman, M.A. (2005, May). *Understanding and managing depression among individuals with chronic physical disease*. Department of Psychiatry, Columbia University. New York, NY

Friedman, M.A. (2005, March). *Psychological aspects of childhood obesity*. Steinhardt School of Education, New York University. New York, NY

Friedman, M.A. (2005, February). *Understanding and managing depression among individuals with chronic physical disease*. Institute for the Study of Child Development, Robert Wood Johnson Medical School. New Brunswick, NJ

Friedman, M.A. (2004, April). *Understanding and managing depression among individuals with chronic physical disease*. Department of Psychology, Yale University. New Haven, CT

Friedman, M.A. (2004, April). *Understanding and managing depression among individuals with chronic physical disease*. Department of Psychology, University of Virginia. Alexandria, VA.

Friedman, M.A. (2003, November). *Combined treatment for major depression*. Department of Psychology, Harvard University. Cambridge, MA.

Friedman, M.A. (2003, May). *Understanding and managing depression among older individuals with chronic physical disease*. Princeton House Spring Seminar. Princeton, MA.

Friedman, M.A. (2002, July). *The GIFT program for major depression*. Advanced Center for Intervention Studies Depression and Medical Care, University of Pennsylvania, Philadelphia, PA.

Friedman, M.A. (2001, April). *Social Validation and the Course of Major Depression*. Brown Bag Seminar Presentation at the Institute for Health, Health Care Policy and Aging Research, Rutgers University, New Brunswick, NJ.

Workshops

Friedman, M.A. (2006, June). *Expanding the Scope of CBT for Depression*. New Jersey Association of Cognitive-Behavioral Therapists.

Friedman, M.A. (2005, January). *The GIFT program for major depression*. Veteran's Administration, Hillsboro, New Jersey.

Friedman, M.A. (2000, April). *G.I.F.T. program: An integrative group treatment for major depression*. The Rhode Island Group Psychotherapy Society, Inc. Providence, RI.

Conference Presentations

Friedman, M.A., Mora, P., Dobrow, I., & Leventhal, H.E. (2004, November). *The relation of depression to mortality in older adults*. Paper presented at the 38th Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans.

Friedman, M.A., Cardemil, E.V., Uebelaecker, L.U., Beevers, C.G., Chestnut, C., & Miller, I.W. (2003, November). *Mechanisms of change in the GIFT program for major depression*. Paper presented at the 37th Annual Convention of the Association for Advancement of Behavior Therapy, Boston, MA.

Friedman, M.A., Whisman, M.A., & Shea, M.T. (2002, November). *Predicting relapse in the Treatment of Depression Collaborative Research Program Study*. Paper presented at the 36th Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.

Friedman, M.A., & Miller, I.W. (2002, November). *Perceived spousal support, implicit hopelessness, and severity of depressive symptoms*. Paper presented at the 36th Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.

Friedman, M.A., Nosek, B.E., Miller, I.W., Gordon, K.C., & Banaji, M.R. (2001, November). *Implicit hopelessness and severity of depressive symptoms*. Paper presented at the 35th Annual Convention of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Friedman, M.A., & Miller, I.W. (2001, August). *Combined psychotherapy and pharmacotherapy for the treatment of depression among individuals with cardiovascular disease*. Paper presented at the 109th Annual Convention of the American Psychological Association, San Francisco, California.

Friedman, M.A., & Miller, I.W. (2001, July). *The GIFT treatment program for major depression*. Paper presented at the World Congress on Behavior Therapy, Vancouver.

Friedman, M.A., Nosek B., Miller, I.W., & Banaji, M.R. (2001). *Implicit hopelessness and severity of depressive symptoms*. Poster presented at the 2nd Annual Meeting of the Society for Personality and Social Psychology, San Antonio, Texas.

Friedman, M.A., & Miller, I.W. (2000, November). *Cognitive predictors of outcome following combined psychotherapy and pharmacotherapy for the treatment of severely depressed inpatients*. Paper presented at the 34th Annual Convention of the Association for Advancement of Behavior Therapy, Toronto.

Friedman, M.A., & Miller, I.W. (2000, November). *Social validation and the course of major depression among severely depressed inpatients*. Paper presented at the 34th Annual Convention of the Association for Advancement of Behavior Therapy, Toronto.

Friedman, M.A., & Miller, I.W. (2000, June). *Social validation and 12-month outcome among treatment-seeking depressed individuals*. Paper presented at the 31st annual meeting of the Society for Psychotherapy Research, Chicago, IL.

Friedman, M.A., Miller, I.W., Keitner, G.I. (1999, November). *The G.I.F.T. program: An integrative group treatment for major depression*. Paper presented at the 33rd Annual Convention of the Association for Advancement of Behavior Therapy, Toronto.

Friedman, M.A., & Miller, I.W. (1999, June). *An integrative group treatment for major depression*. Paper presented at the 30th annual meeting of the Society for Psychotherapy Research, Braaga, Portugal.

Shea, M.T., Clarkin, J.F., Miller, I.W., & Friedman, M.F. (1999, June). *Combined psychotherapy and pharmacotherapy for the treatment of mood disorders*. Open Discussion presented at the 30th annual meeting of the Society for Psychotherapy Research, Braga, Portugal.

Friedman, M.A., Miller, I.W., Keitner, G.I. (1998, November). *A meta-analysis comparing the efficacy of combined vs. single treatment for major depression*. Paper presented at the 32nd Annual Convention of the Association for Advancement of Behavior Therapy, Washington, D.C.

Friedman, M.A., Miller, I.W., & Keitner, G.I. (1998, November). *Meta-analysis of combined treatment for major depression*. Poster presented at the Association for Clinical Psychosocial Research Conference, Boston, MA.

Teachman, B., Woody, S.R., Friedman, M.A., & Carter, R. (1998, August). *Focus of attention and causal attributions in evaluative social situations*. Poster presented at the 106th Annual Convention of the American Psychological Association, San Francisco, CA.

Friedman, M.A., Whisman, M.A., & Brownell, K.D. (1997, November). *Sociotropy, autonomy, and bulimia nervosa*. Poster presented at the 31st Annual Convention of the Association for Advancement of Behavior Therapy, Miami, FL.

Whisman, M.A., & Friedman, M.A. (1997, August). *Cognitive-interpersonal perspectives of depression: Themes of achievement and acceptance*. Poster presented at the 105th Annual Convention of the American Psychological Association, Chicago, IL.

Friedman, M.A., Wilfley, D.E., Welch, R.R., & Kuncze, J.T. (1996, November). *Self-directed hostility and family functioning in normal weight bulimics and overweight binge eaters*. Poster presented at the 2nd Annual Meeting of the Eating Disorders Research Society, Pittsburgh, PA.

Wilfley, D.E., Friedman, M.A., Welch, R.R., & Ball, S.A. (1996, November). *Co-morbid psychopathology among individuals with binge eating disorder*. Poster presented at the 2nd Annual Meeting of the Eating Disorders Research Society, Pittsburgh, PA.

Friedman, M.A., Dixon, A.E., Whisman, M.A., Wilfley, D.E., & Brownell, K.D. (1996, March). *The relationship between marital status, marital satisfaction, and body dissatisfaction*. Poster presented at the Fourth International Congress on Behavioral Medicine, Washington, D.C.

Friedman, M.A., & Whisman, M.A. (1995, November). *Sociotropy, autonomy, and eating disordered symptomatology*. Poster presented at the 29th Annual Convention of the Association for Advancement of Behavior Therapy, Washington, D.C.

Friedman, M.A., Wilfley, D.E., & Welch, R.R. (1995, August). *Family characteristics of normal weight and obese bulimic women*. Poster presented at the 103rd Annual Convention of the American Psychological Association, New York, NY.

Whisman, M.A., & Friedman, M.A. (1995, August). *Interpersonal problem behaviors associated with sociotropy and autonomy*. Poster presented at the 103rd Annual Convention of the American Psychological Association, New York, NY.

Friedman, M.A., Schwartz, M., & Brownell, K.D. (1995, April). *Risk factors of psychological problems among commercial dieters*. Poster presented at the 16th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

Friedman, M.A., Brownell, K.D., Brunner, R.L., & St. Jeor, S.T. (1994, April). *Psychological correlates of obesity: An empirical investigation based on a risk-factor model*. Poster presented at the 15th Annual Meeting of the Society of Behavioral Medicine, Boston, MA.

Friedman, M.A., Kiernan, M., Brownell, K.D., Brunner, R.L., & St. Jeor, S.T. (1994, April). *Dietary restraint as a heterogeneous construct: An attempted replication and extension of Westenhoefer's theory*. Poster presented at the 15th Annual Meeting of the Society of Behavioral Medicine, Boston, MA.

Cohen, L.R., Friedman, M.A., Brownell, K.D., St. Jeor, S.T., & Brunner, R.L. (1994, April). *Gender differences in the psychological correlates of binge eating in a non-clinical population*. Poster presented at the 15th Annual Meeting of the Society for Behavioral Medicine, Boston, MA.

Professional Honors

2004 Governor Appointed New Jersey Obesity Task Force

2004 Board of Directors, FAN4KIDS

1998 Association for Clinical Psychosocial Research Young Investigator Award

1997 Connecticut Psychological Association Student of the Year Award

1995 Society of Behavioral Medicine; Presidential Citation, *Risk factors of psychological problems among commercial dieters*, 16th Annual Meeting, San Diego, CA.

1994 Society of Behavioral Medicine; Special Citation, *Psychological correlates of obesity: An empirical investigation based on a risk-factor model*, 15th Annual Meeting, Boston, MA.

1993 Association for Advancement of Behavior Therapy; Graduate Student Research Award, Obesity and Eating Disorders Special Interest Group, *Psychological correlates of obesity: Moving to the next research generation*, 27th Annual Meeting, Atlanta, GA.

- Dean's List, University of Pennsylvania

Professional Service

Society for Behavioral Medicine Program Committee

Society for Behavioral Medicine Education, Training & Career Development Committee

Association for Advancement of Behavior Therapy Membership Committee

Professional Affiliations

American Psychological Association
American Psychological Society
Association for Advancement of Behavior Therapy
Society for Behavioral Medicine
Society for Psychotherapy Research
Society for Personality and Social Psychology

Editorial Responsibilities

Ad hoc reviewer

Annals of Behavioral Medicine, Behaviour Research and Therapy, Cognitive Therapy and Research, Eating Behaviors, Encyclopedia of the Human Brain, International Journal of Behavioral Medicine, Journal of Applied Biobehavioral Research, Journal of Consulting and Clinical Psychology, Journal of Experimental Social Psychology, Journal of Psychosomatic Research, Journal of Research in Personality, Medical Decision Making, Personality and Social Psychology Review, Psychological Reports/Perceptual and Motor Skills, Psychological Bulletin, Psychological Review, Women and Health.

Invited Reviewer (Books in preparation)

V.S. Ramachandran (Ed.). *Encyclopedia of the Human Brain*. Academic Press: San Diego, CA.

L. Alloy, & J. Riskind (Eds.): *Abnormal Psychology: Current Perspectives*. McGraw-Hill: Boston, MA.

Clinical Experience

2005-present **Owner, Michael Friedman Ph.D. LLC**

Responsibilities: Deliver cognitive-behavioral and interpersonal psychotherapy to adults in individual and couples format. Patients struggle with a range of mood, anxiety, and eating and weight disorders, as well as physical health conditions such as Type II diabetes.

2000-2007 **Director, Rutgers University Mood Disorders Program**

Responsibilities: Developed and implemented group cognitive-behavioral psychotherapy program for the treatment of major depression that incorporates individual and family-based interventions. Trained graduate student therapists in both group and individual cognitive-behavioral therapy programs. Provided training in semi-structured interview-based assessment for mood disorders.

1998-2000 **Clinician, Rhode Island Hospital Mood Disorders Program**

Responsibilities: Developed and implemented practicum focusing on group cognitive-behavioral psychotherapy program for the treatment of major depression that incorporates individual and family-based interventions. Trained in semi-structured interview-based assessment for major depression.

1998 **Clinician, Miriam Hospital Behavioral Medicine Program**

Responsibilities: Delivered cognitive-behavioral assessment and treatment of individuals suffering from pain, and eating and weight disorders. Trained in motivational interviewing for treatment of nicotine dependence.

Performed psychological assessment on medical inpatients through psychiatric consultation service.
Supervisors: Justin Nash, Ph.D., Teresa King, Ph.D., & Matthew Clark, Ph.D.

1997-1998 **Clinician, Butler Hospital Outpatient Program**

Responsibilities: Developed and implemented group cognitive-behavioral psychotherapy program for the treatment of major depression. Program includes integration of group, family and individual interventions designed to improve coping skills. Supervisors: Marge Weishaar, Ph.D., & Ivan Miller, Ph.D.

1997-1998 **Clinician, Butler Hospital Psychiatric Day Hospital Program**

Responsibilities: Delivered group psychotherapy for psychiatric disordered patients. Group interventions included anxiety management, social skills training, and eating disorders groups. Supervisors: Ivan Miller, Ph.D., Leigh Ann Hohlstein, Ph.D., & Paul Lieberman, M.D.

1997 **Clinician, Rhode Island Hospital Medical Psychiatric Inpatient Unit**

Responsibilities: Delivered inpatient psychotherapy for psychiatric patients. Trained in short-term family-based interventions for patients with psychotic, mood and personality disorders. Co-lead interpersonal group psychotherapy. Supervisors: Ivan Miller, Ph.D., & Gabor Keitner, M.D.

1996- 1997 **Clinician, Yale Anxiety Disorders Clinic**

Responsibilities: Delivered outpatient psychotherapy for individuals with primary diagnosis of anxiety disorders. Co-lead manual-based cognitive-behavioral group psychotherapy for social phobia. Supervisors: Sheila Woody, Ph.D., & Sam Ball, Ph.D.

1995-1996 **Clinician, Yale Mood Disorders Clinic**

Responsibilities: Provided individual and couples outpatient assessment and psychotherapy for adult population with mood disorders. Delivered cognitive-behavioral psychotherapy for depression, and cognitive-behavioral couples treatment for marital distress and depression. Delivered long-term psychodynamic psychotherapy for the treatment of patients with comorbid mood and personality disorders. Supervisors: Mark Whisman, Ph.D., & Sam Ball, Ph.D.

1992-1997 **Clinician, Yale Center for Eating and Weight Disorders**

Responsibilities: Delivered cognitive-behavioral and interpersonal approaches for the individual and group treatments of bulimia nervosa and binge eating disorder. Supervisors: Kelly D. Brownell, Ph.D., & Denise Wilfley, Ph.D.

Teaching Experience

2000-2007 **Assistant Professor**, Rutgers University

Adult Psychopathology (Graduate)

Principles in Abnormal psychology (Undergraduate)

1999 **Adjunct Professor**, University of Massachusetts at Boston

Motivation and Emotion

1992-1995 **Teaching Assistant**, Yale University

Abnormal Psychology

Human Sexuality
Psychology and Medicine